

# School Nurse Service

## The School Nursing Service provides

- Screening - vision, hearing and growth
- Immunisations
- Support with health issues - healthy lifestyle, smoking, drugs and alcohol
- Confidential support - physical, emotional wellbeing and sexual health issues
- Parenting support - behaviour management
- Support to families in keeping children safe from harm

Some families need additional support regarding health and wellbeing. The school nurse and One Point practitioner will work with you to agree any extra help and support you may need. Local services will work together to support you and/or your child's needs.

## How to reach us

Every school in County Durham has an identified school nurse and their details are available to you at school entry but are also available at anytime from schools and GP surgeries.

**If you are 5-11 years:** You can speak to a teacher or the school secretary who can arrange for you to speak to a member of the school nursing team.

**If you are 11-19 years:** Drop In clinics in school may be available to you. If not, speak to the school secretary or contact your One Point Hub.

### If you are a parent:

You can speak to a member of the School Nurse Service by contacting your One Point Hub on

**03000 261 111**



For support, advice and a range of activities for children, young people and families.

[www.durham.gov.uk/onepoint](http://www.durham.gov.uk/onepoint)

